

Know Your Numbers

The best time to prepare for an emergency is before it happens. Make sure your family knows emergency phone numbers – and make sure your kids know how to place a call for help.

During an emergency, it's easy to become disoriented or upset, so you need to have all important phone numbers readily available ahead of time. Write each phone number clearly so that it will be easy for kids to read. Use a pen with dark-colored ink. When creating your emergency phone list, make sure your list includes the following numbers:

Emergency medical service for the fire or police department and ambulance.....	911
Poison control center.....	1-800-222-1222
Hospital emergency room	
Blake Medical Center.....	792-6611
Doctors Hospital.....	342-1100
Lakewood Ranch Medical Center.....	782-2100
Manatee Memorial Hospital.....	746-5111
Sarasota Memorial Hospital.....	917-9000

Other helpful numbers to have readily available include:

American Red Cross.....	792-8686
Health Department.....	748-0747
Florida Blood Services.....	746-7195
Coast Guard Station.....	794-1261
Suicide Prevention Hotline.....	1-800-784-2433